



ACADEMY OF WELL-BEING THERAPY

Pitfalls in Discontinuing Antidepressant Medications

Author webinar with Giovanni A. Fava

Friday, March 4, 2022

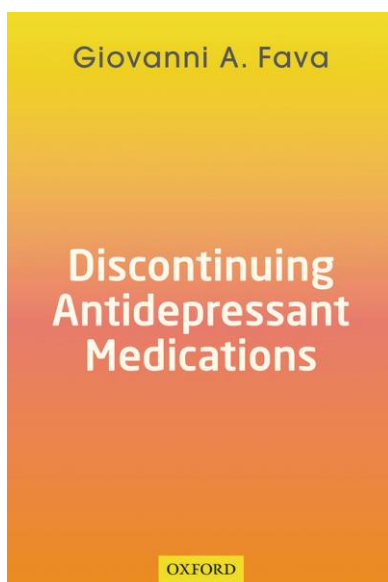
18.00 (CET)

Join Giovanni A. Fava, MD, for a webinar about his new revolutionary book “Discontinuing Antidepressant Medications” (Oxford University Press). Dr. Fava will be interviewed by Fiammetta Cosci, MD. Book features will be discussed and your questions will be taken by chat during the event.

Discontinuing antidepressants is a highly technical challenge that requires specific strategies. In his book, Giovanni A. Fava guides clinicians through each clinical step (assessment; what the counter-indications would be for stopping or continuing; and how discontinuation can best be achieved). The book provides a detailed account of the assessment and management strategies, with many case illustrations and clinical examples, drawing from the literature that is available and the extensive personal experience of the author, with a revolutionary approach to the use of antidepressants and psychotherapy.

Giovanni A. Fava is Editor-in-Chief of Psychotherapy and Psychosomatics and Clinical Professor of Psychiatry at the State University of New York at Buffalo. He has performed groundbreaking research, such as the development of Well-Being Therapy and of the sequential model for combining pharmacotherapy and psychotherapy, and the introduction of the concept of staging in psychiatry.

The Registration to the Event is now closed. You can watch the video of the webinar at <https://www.well-being-therapy.com/videos/> which will be available from the 11th of March 2022



Discontinuing Antidepressant Medications

Giovanni A. Fava

Click [here](#) to order the book