



INTRODUCTORY COURSE ON WELL-BEING THERAPY

Friday, May 12, 2023

13.30-14.00 Registration

Chairs: Jenny Guidi (Bologna, Italy) and Nicoletta Sonino (Padova, Italy)

14.00-15.15 Giovanni A. Fava (Buffalo, NY, USA): Well-Being Therapy and the pursuit of euthymia

15.15-16.00 Chiara Rafanelli (Bologna, Italy): Assessment: macro-analysis

16.00-16.15 break

16.15-17.00 Fiammetta Cosci (Florence, Italy): Assessment: staging

17.00-17.30 General discussion

Saturday, May 13, 2023

Chairs: Fiammetta Cosci (Florence, Italy) and Chiara Rafanelli (Bologna, Italy)

14.00-15.00 Elena Tomba (Bologna, Italy): The structure of Well-Being Therapy

15.00-16.00 Jesse H. Wright (Louisville, KY, USA): Cognitive restructuring in Well-Being Therapy

16.00-16.15 break

16.15-17.00 Jenny Guidi (Bologna, Italy): Case presentation

17.00-17.30 General discussion

ADVANCED COURSE ON WELL-BEING THERAPY

Sunday, May 14, 2023

13.30-14.00 Registration

Chairs: Giovanni A. Fava (Buffalo, NY, USA) and Elena Tomba (Bologna, Italy)

CASE PRESENTATIONS AND DISCUSSION

14.00-14.50 Ajándék Eőry (Hungary)

14.50-15.40 Maxim Kuschpel (Switzerland)

15.40-16.30 Sara Palmieri (Italy)

16.30-17.20 Marco Tafi (Italy)

17.30-18.00 Concluding remarks and award of WBT certifications