



INTRODUCTORY COURSE ON WELL-BEING THERAPY

Wednesday, September 18, 2024

13.30-14.00 Registration

Chairs: Jenny Guidi (Bologna, Italy) and Ajándék Eőry (Budapest, Hungary)

14.00-15.15 Giovanni A. Fava (Buffalo, NY, USA): Well-Being Therapy and the pursuit of euthymia

15.15-16.00 Chiara Rafanelli (Bologna, Italy): Assessment: Macro-analysis

16.00-16.30 break

16.30-17.15 Fiammetta Cosci (Florence, Italy): Assessment: Staging

17.15-18.00 General discussion

Thursday, September 19, 2024

Chairs: Giovanni A. Fava (Buffalo, NY, USA) and Chiara Rafanelli (Bologna, Italy)

9.15-10.00 Elena Tomba (Bologna, Italy): The structure of Well-Being Therapy

10.00-10.45 Jenny Guidi (Bologna, Italy): The sequential administration of Well-Being Therapy after Cognitive-Behavioral Therapy

10.45-11.15 break

11.15-12.00 Ajándék Eőry (Budapest, Hungary): Case illustration

12.00-12.30 General discussion and Concluding remarks